

Welcome to the
Netherlands!

Make sure you
are properly
insured.

Make sure you are properly insured. What is your situation?

Study only

EU citizen? Bring a valid EHIC and optional international health insurance.

Non-EU citizen? Take out international health insurance.

Internship

Is your internship wage equal or higher than the minimum income in the Netherlands? Take out basic Dutch health insurance.

Is your wage lower? Bring your EHIC and/or optional international health insurance.

Study and work

Take out basic Dutch health insurance from the first day of work.



Not sure? Contact us!
Check zvl.tips or scan the QR-code